



Co-Curricular Activities (CCA) Policy

Version	Date	Name	Summary of Changes
1	April 2024	M.Aston	
2	6 th October 2025	C. Cole, Deputy Head, M.S. Bedford	Review and approval
Approved by: AEG + Headmaster			Date: 6 th October 2025
Review Date: 5 th October 2026			

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Aldenham Education Group Vision

Aldenham Education Group is a disruptive, owner-operated education organisation committed to redefining excellence in international schooling. Rooted in the 425-year legacy of Aldenham School in the UK, we blend tradition with innovation to create non-franchise schools that are built on substance, not scale.

Our ethos is driven by the Japanese philosophy of *Kaizen* – a relentless pursuit of continuous improvement. We champion a culture of meritocracy, where talent is recognised, effort is rewarded, and every member of our school communities is empowered to grow and thrive.

We believe in delivering high-quality academics alongside a rich co-curricular programme, strong pastoral care, and a deep commitment to wellbeing. Our schools provide a rounded education where every child is known, valued, and nurtured — developing character, confidence, and the skills to succeed in life.

Aldenham Prep Riyadh Mission

At Aldenham Prep School, we provide a happy, nurturing, and warm environment where quality learning takes place, and the needs of each individual child are fulfilled.

Aldenham Prep Riyadh Aims

Our Key Aims

- ✓ *To encourage a love of learning in order to aspire to academic excellence and a broad education for all pupils*
- ✓ *To foster good relationships and partnership between staff, pupils, parents and the wider community*
- ✓ *To ensure that each individual pupil is nurtured, and encouraged to make the most of their own special talents*
- ✓ *To emphasise the importance of the social, moral and spiritual dimensions of community life in a modern society*
- ✓ *To provide a well-planned, well-organised environment giving children rich and stimulating experiences*

Aldenham Prep Riyadh CCA Policy

Rationale

Aldenham Prep School has an extensive extra-curricular programme which offers the pupils at the School a wide range of choices and opportunities. The School is proud of staff involvement within the School's cross-curricular programme and utilises their varied talents and personal skills. Aldenham Prep School promotes the personal development of a pupil's complete character, ensuring they leave the School as prepared as they can be for the challenges ahead of them. Activity and physical challenge help to strengthen character and promote a holistic approach to education and therefore pupils are encouraged to participate in all aspects of school life from the moment they arrive.

Co-Curricular Programme in APSR

Every member of teaching staff is required to contribute to the cross-curricular programme and contribute at least one, regular weekly activity throughout the academic year. The range of clubs is to some extent seasonal, although there are many that run throughout the year. The children in the Nursery and Pre-Prep have a variety of specialist teachers who provide extra-curricular activities from 1500- 1600 every day. These allow the children to learn and practise a great variety of skills and provide the opportunity for them to work with different teachers. During these lessons, their class teachers will support the session and model the activities for the children.

Extra-Curricular Sport

We offer a range of different extra-curricular and externally coached sporting opportunities to our students at APSR. Most sporting extra-curricular clubs change each term and we aim to accommodate as many pupils as possible within the programme.

'Sport for all with the pursuit of Excellence'

Extra-curricular sport is a fundamental part of life at Aldenham Prep. The time and energy expended by staff and pupils is a much-valued contribution to the holistic educational experience at School. We currently participate in RISAC, which is the local international school collective that operates friendly competitive opportunities for students in football and basketball.

Sport in the Prep School

Prep School extra-curricular sport takes place and is organised through the Head of Prep School Sport. Staff are invited to offer a sporting club to the pupils based on their interests and talents. These sporting clubs take place after school and are organised and staffed by the member of staff offering to take the specific sport. These clubs vary dependent on the term and staff offering but include Netball, football, basketball, swimming, and cricket.

APPENDIX

Example of CCA's

Y1/2

	Activity
Sun	Construction Book Worms KSI Choir Handwriting Arabic
Mon	French Orff Music Creative writing Origami Drawing& Sketching
Tues	Phonics HW Club – Y1/2 Story tellers Construction
Wed	Creative writing Dance&Drama Multi Sports Computing
Thurs	STEM Board Games Arts and Crafts Arabic

Y3/4

	Activity
Sunday	STEM Sculpting Multi Sports Karaoke Club Origami
Monday	Golf <u>Zentangling</u> Drama Arabic Arabic 2 nd Lang
Tuesday	HW Club - Y3 HW Club - Y4 TT Club Handwriting
	Problem solvers
Wednesday	Logic/reasoning Orff Music Football Arts/Crafts Arabic Islamic
Thursday	KS2 Choir Book worms Computing Basketball French

Year 5 to Year 8

Sunday	Monday	Tuesday	Wednesday	Thursday
Flute Table Tennis Ballet Netball Maths Support	History Mindfulness Girls Swimming Choir Gaelic Football Basketball	Dance Riyadh STEM Homework Club Medical Camp General Knowledge	Arabic Music Theory Journalism Violin Countdown Boys Swimming	Guitar Debating STEM Origami Juventus Football